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**For immediate release**

## **Dynamic Chicago Duo Return with Concerts Benefiting *Camp Starlight* for Children Affected by HIV/AIDS**

**Amy & Freddy encore performances come with goal of beating \$25,000 raised in '09.**

PORTLAND, OR. (February 18, 2010) –PBS Design Group presents the return in concert of *Amy & Freddy*, the dynamic, performing duo of Amy Armstrong & Freddy Allen from Chicago, Illinois with special guest drummer Steve Moretti. They will perform three shows benefiting Camp Starlight, a program of Cascade AIDS Project (CAP). Camp Starlight is a weeklong cost-free residential summer camp for children affected and infected by HIV/AIDS. Performances will be on Friday, March 12 at the Wilf's located in historic Union Station, 800 NW 6<sup>th</sup> Avenue, Portland, 97209 at 6:00 and 9:00 pm and on March 13 in the Melody Grand Ballroom, at 8:00 pm. All tickets are priced at only \$30 and are for ages 21 and over.

Raising \$25,000 each year for the past two years, *Amy & Freddy* return by popular demand, for an encore, bringing their hilarious performance featuring Amy's beautiful voice, edgy humor and quick wit, combined with Freddy's impeccable musical arrangements and sly repartee to present an enjoyable and unforgettable entertainment experience.

*"We are very excited to be returning to Portland for the Camp Starlight Benefit! Over the last two years, we have been blessed to help Camp Starlight raise money through our music. I hope this is a record year! Nothing would make me happier than to know that more children will be able to attend and benefit from camp and its amazing volunteers this year,"* says Freddy Allen.

**Performance information: <http://www.cascadeaids.org/page.php?id=318>**

- **Friday, March 12, 2010**  
Venue: Wilfs, 800 NW 6th Avenue, Portland, 97209  
Times: 6:00 pm and 9:00 pm (**two shows!**)  
Tickets: \$30.00
- **Saturday, March 13, 2010**  
Venue: Melody Grand Ballroom; 615 Southeast Alder Street, Portland, 97214-2228  
Time: 8:00 pm  
Tickets: \$30.00
- **To purchase tickets:**  
Call CAP at 503.278.3801 or PBS Design Group at 503-546-9662 or email [ehoffman@cascadeaids.org](mailto:ehoffman@cascadeaids.org).  
You may also purchase and pick up your tickets at CAP's office: 208 SW 5th Ave., #800 Portland, 97204

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## About Amy & Freddy

This Chicago-based "Dynamic Duo" has been captivating audiences for fourteen years. In the classic tradition of such legendary entertainers as Bette Midler and Liza Minnelli, we give you Amy & Freddy. The unbelievable voice and sidesplitting humor of Amy Armstrong combine with the exquisite, versatile musicianship of pianist Freddy Allen. performing sold-out runs coast-to-coast. They have performed alongside Mary Wilson & the Supremes, Phyllis Diller, Bea Arthur, Jennifer Holiday and Judy Gold and are one of the most popular cabaret acts on RSVP Cruise Lines. Amy & Freddy's lighthearted, tuneful performances are equally at home on land and sea: Amy & Freddy's trademark mix of pop standards, clever originals and hilariously naughty banter is a crowd-pleaser every time. Amy and Freddy were headline entertainers for the National HRC Black-tie event in Dallas, 2007. They proudly served as Grand Marshals for the Gay Pride Parade in Washington D.C. in 2006, and were headliners on the main stage in front of the U.S. Capitol.

Originally from Detroit, Amy has been a professional entertainer since she was a young child. Her powerful and soulful voice mesmerizes listeners while her hilarious and risqué humor keeps them doubled over in laughter. Amy made her home in Chicago in 1995 and has quickly risen to become one of the Windy City's hottest talents. Freddy, Amy's pianist and music director, has been a professional musician for over twenty years. After moving from St. Louis in 1995, Freddy successfully made his name as one of Chicago's most well known pianists. When not performing with Amy, Freddy works as a freelance musician and teaches piano and voice. **For more info:** <http://www.amyfreddy.com>

### **Amy & Freddy Video Clips:**

Duet with Portland's own Poison Waters: <http://www.youtube.com/watch?v=4yv0mROpa0g>

Sitcom Songs: <http://www.youtube.com/watch?v=KIXqojxHsg0>

## About Camp Starlight



CAMP  
STAR  
LIGHT

*Camp Starlight* is a unique one-week, residential camp and a program of *Cascade AIDS Project (CAP)*. Camp Starlight is part of a year-round program for children, youth and families infected or affected by HIV and AIDS. (If one member of the family is infected with HIV/AIDS, then any child in that family is eligible to attend camp, free of cost.) Founded in 1998 and marking its 10<sup>th</sup> year in 2008, Camp Starlight's mission is to serve at-risk children, families and care-partners in the greater Metropolitan area of Portland and SW Washington, who are living with or affected by HIV/AIDS. Through its summer sleep away experience and its holistic year-round follow-up program, Camp Starlight provides respite, medical supervision, recreation and education to prevent the further spread of HIV/AIDS. Respite care helps reduce stress and provides a strong emotional base for working through HIV-related issues. The summer retreat makes this possible for families who would not otherwise have a chance to escape the daily burdens of their illness; while the year-round follow up program helps families get the support and educational information they need to live more healthfully and to become strong community advocates for good preventive behavior.

Our campers tell us that one of the most lasting benefits of Camp Starlight is the feeling they receive throughout the year of "belonging" to a family and community of people who care. As one of our young campers put it: "Living with HIV or AIDS gives you a feeling of not-belonging, of being separate and no longer part of the world. At Camp Starlight, you belong. You are touched, kissed and loved."

Camp Starlight's weeklong camp resides on the scenic Oregon Coast, located on the east shore of Devil's Lake adjacent to the Siuslaw National Forest. Camp includes arts and crafts, drama, music, swimming, boating, on-site medical support, mental health support, and more. In addition we offer coordination with case managers as needed. Camp Starlight's comprehensive follow-up program continues throughout the year, with regular reunions, holiday happenings and informal gatherings as well as a quarterly newsletter. This family-centered annual cycle of programming kicks-off with camp and in September moves right into back-to-school programming for contact and connection with the campers and their family.

## About Cascade AIDS Project (CAP)

Cascade AIDS Project is the oldest and largest community-based provider of HIV services, including housing, education, and advocacy in Oregon and Southwest Washington. CAP's mission is to **prevent HIV infections, support and empower people affected and infected by HIV/AIDS, and eliminate HIV/AIDS-related stigma**. Overall, last year CAP provided HIV/AIDS education and prevention services to 16,040 people and coordinated wrap-around support services for 2,502 people affected and infected with HIV/AIDS. In addition, 735 people gave 19,960 hours of their time to help CAP achieve its mission. **For more information:** [www.cascadeaids.org](http://www.cascadeaids.org)

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